How can I use Welsh when I don’t know any?

You are invited to pick one or a few words from the list below to practice whenever you can. Try a particular word for a while. Then add in another, as you wish.

Cymraeg Cwrtais

At the beginning of a meeting, as you arrive, settle in or begin chairing:

Bore da	(morning)
Pnawn da	(afternoon)
Noswaith dda	(evening)
Sut mae?	(for when you feel more brave)

In the middle of a meeting, when you are handing over to each other:

Diolch i ...	(thanks to...)
Diolch yn fawr	(thank you very much)
Croeso	(you are welcome)

At the end of the meeting, as you close the session or as you depart:

Diolch eto	(thanks again)
Hwyl fawr	(goodbye)
Pob lwc	(good luck)

Geiriau Swats

Cymryd Saib	Take/taking a pause
Dysgu trwy gwneud	Learning by doing
Model cymdeithasol	Social model
Newid trwy ymarfer	Practice-based change
Gwrando heb ymyrryd	Listen/listening without commentary
Clywed y lleisiau tawelaf	Hearing the quietest voices
Beth ydw i’n teimlo?	What am I feeling?
Beth ydych chi’n sylwi?	What are you noticing?
Beth sy’n digwydd?	What’s occurring?

Copyright

© Crown copyright 2021: You may re-use this material freely under the Open Government License 3.0. See details at: http://www.nationalarchives.gov.uk/doc/open-government-licence/version/3/. For feedback or enquiries contact: Sustainable.Futures@gov.wales

Hawlfraint

© Hawlfraint y Goron 2021: Cewch ailddefnyddio'r deunydd hwn yn rhad ac am ddim o dan Drwydded Llywodraeth Agored 3.0. Mae'r manylion yn: http://www.nationalarchives.gov.uk/doc/open-government-licence/version/3/. Os oes gennych adborth neu ymholiadau, cysylltwch â: Sustainable.Futures@gov.wales